Portuguese Master

Salt, Hypertension and Stroke



2|3 December 2016
Oporto|Portugal

Organization:

SOCIEDADE PORTUGUESA DE HIPERTENSÃO
Portuguese Society of Hypertension

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Scientific Suport:

ESH European Society of Hypertension

geral.norte@sphta.org.pt

PCO:

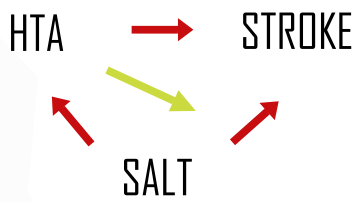
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CHAIRMEN OF THE COURSE : Mesquita BASTOS (Portugal) and Stéphane LAURENT (France)

DAY 1 – MORNING

Chairmen : Mesquita BASTOS (Portugal) and Michel BURNIER (Switzerland)

09.00 – 09.15 Overture

09.15 – 09.35 - Stroke in the context of the cardiovascular disease in Portugal. Health policy challenges (20 min)
Luís MARTINS (Portugal)

09.35 – 09.55 - Salt intake and cardiovascular disease in Portugal. Sources of salt and measurements of intake (20 min)
Jorge Polónia (Portugal)

09.55 – 10.45 - Looking for optimal target BP: implications of the recent clinical trials
Enrico AGABITI-ROSEI (Italy)

10.45 – 11.15 – Coffee break

11.45 – 13.00 – Discussion and practical questions with televote

DAY 1- AFTERNOON

Chairmen : Jorge POLÓNIA (Portugal) and Antonio COCA (Spain)

14.30 – 15.15 - Salt intake, BP and kidney damage: role of the autonomic nervous system and RAAS
Michel BURNIER (Switzerland)

15.15 – 16.00 - Salt intake, BP and brain damage: role of the large and small arteries
Stéphane LAURENT (France)

16.00 – 16.30 – Coffee break

16.30 – 18.00 - Discussion and practical questions with televote

DAY 2- MORNING

Chairmen : Luís MARTINS (Portugal) and Stéphane LAURENT (France)

09.00 – 09.45 – Epidemiology of salt, hypertension and stroke. Salt intake in Europe and in the world, epidemiology of hypertension and stroke, experiences in salt reduction at the national level
Graham MACGREGOR (United Kingdom)

09.45 – 10.30 - Pathophysiology of ischemic stroke
Dariusz GASECKI (Poland)

10.30 – 11.00 – Coffee break

11.00 – 11.45 – Stroke and hypertension: treatment of hypertension during acute stroke and post-stroke
Antonio COCA (Spain)

11.45 – 12.15 – Discussion and practical questions with televote

12-15 – 13.00 - Hypertension – Stroke – Cognitive dysfunction
Csaba FARSANG (Hungary)

DAY 2 AFTERNOON

15.00 – 16.00 – Open Discussion

"How to deal with the sodium controversy"

Panel Discussion

Antonio COCA,
Csaba FARSANG
Dariusz GASECKI
Luis MARTINS,
Graham MACGREGOR
Michel BURNIER
Jorge POLÓNIA
Stéphane LAURENT

16.00 - Mesquita BASTOS (Portugal) and Stéphane LAURENT(France)

Final Conclusions